



Capt. Tarah Mitchell

1. Why did you join?

My parents recommended I join AFROTC in August 2003 as an avenue to help pay for school. Both of my parents served and retired in the Air Force. Growing up, I wanted to stay as far away from the military as possible, but given I needed additional money for tuition I reluctantly joined AFROTC. Fast forward a year and I earned a scholarship. It wasn't until AFROTC Field Training in summer 2005, however, that my understanding and passion for the AF begin to grow. From that point on I was hooked. I commissioned on May 25th 2007 and didn't look back. Almost ten years and four assignments later I can say joining the Air Force has been one of the best decisions of my life.

2. What does Women's History Month mean to you?

Women's History to me is a time to acknowledge and celebrate the social, cultural, political, and economic achievements of women. It's a time to reflect on the sacrifice women have made and are continuing to make for equality and emancipation all over the world.

3. What inspires you to wear the uniform every day?

My inspiration is knowing that I'm a part of a mission and institution that's bigger than me...an institution built on the sacrifice and service of others. Knowing that what I do every day and the support my Airmen provide TLR, AMC, and up through the DoD is my motivation.

4. Name a female who has inspired you and why?

There are many females that have inspired me, but one that comes to mind immediately is my mom. She's the epitome of strength, style, beauty, intelligence, and she exudes her love of GOD in all facets of her life. She inspires me to do my best and live my purpose. I strive to make her proud every day.